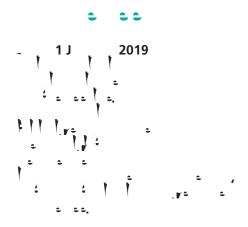
Salisbury and the hospital experienced heavy snow for a number of days. The dedication of our staff and the support of our local community shone through during this difficult time, with volunteers from our community providing invaluable support in providing 4X4 drivers to help transport our staff and patients to and from the hospital. One of our Governors, who was an inpatient in the hospital at the time, looks back:

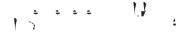
My nose was pressed up against



This will mean that patients, visitors, contractors and staff will not be able to smoke anywhere on an NHS site, including Salisbury District Hospital and any other organisation's facilities situated on our land. E-cigarettes and vaping will be allowed. However, this will have to be carried out in designated external areas and not inside hospital buildings.



- Smoking causes around one in six of all deaths of people aged 35 and over
- Smoking can cause a number of illnesses, and aggravate others, including – heart disease, cancer, Alzeimer's Disease, angina, Crohn's disease, gastric and duodenal ulcers, dental disease, osteoporosis, rheumatoid arthritis, cataracts, macular degeneration, psoriasis, fertility issues, depression, hearing loss, multiple sclerosis, diabetes and dementia
- Second-hand smoke can also lead to heart disease and lung cancer, and make illnesses like asthma worse.
 The effects of second-hand smoke on children can be more serious because their bodies are still developing



if they need the help of a doctor.

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There is increasing pressure on services at our Obstetrics Units at the Royal United Hospital, Great Western Hospital and Salisbury District Hospital. This is because we are seeing more and more high risk pregnancies (for example because of high blood pressure or diabetes) that require support in a hospital setting with an expert medical team available to step in if required.

In addition, many women with a low risk pregnancy are also choosing to have their babies in an Obstetrics Unit because they like the option of a doctor to support them should they need it or they are worried about having to move, by ambulance, to another site during or after their labour